

Corporate Membership Program Brochure



Reduce Your Costs With Ultima

About three-quarters of HR professionals said their organizations offered some type of a wellness program, according to a survey by the Society for Human Resource Management. And more than two-thirds of respondents from organizations that offered wellness initiatives indicated these efforts were "somewhat effective" or "very effective" in reducing the costs of health care. The return on investment (ROI) related to employee wellness programs typically includes the overall health care cost-savings achieved, as well as productivity increases due to a reduction in sick days taken by employees.

Sick days are a twofold problem as they cause both a staff scheduling issue and the employer is paying for an employee to not be at work. Productivity losses can be huge, especially for chronic ailments like headaches, back pain, stress, and general fatigue. However, with the rising cost of healthcare and the greater dependence on employers to provide insurance, health claims can play an enormous role in the annual benefits expense line. In a company with problems involving all three, the costs can be enough to stifle growth or even put a company out of business.

The solution is a proactive employee wellness program. It is well documented that physically active individuals are absent 2.5 days less per year, are approximately 7% more productive, and have as much as an 86% reduction in health claims. This can be huge for your company, and Ultima wants to help. Simply put, we provide exemplary services and a means for documenting participation. The end result for you as an employer is monumental savings and a dramatically improved bottomline.



To enroll your business in the Corporate Membership Program at Ultima Fitness and Wellness in Wellington, please contact John Lambert in person or at the phone number listed below.



Keep Your Staff Healthy With Ultima

Ultima Fitness and Wellness has long stood for a healthier way of life. We have incorporated general fitness with ancillary services such as massage therapy, acupuncture, nutritional counseling, and other medical services. At Ultima, employees can participate in yoga, be a part of a mindful class, get some health coaching, take part in a cycling class, work with a Fitness Specialist, or simply log some "me" time on a treadmill, bike, or elliptical. Memberships are affordable, but with a Corporate Membership Program for your business, savings to employees can be even better. So why wait? Get your business enrolled now.

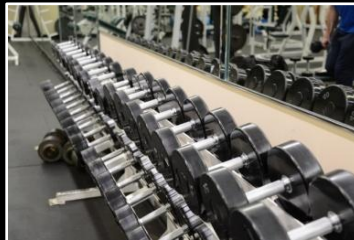
Corporate Membership Program Details:

50% off normal enrollment
Monthly Dues = \$34 + tax

* Annual Agreements only.
Some restrictions apply. Please see Ultima Staff for details.

Included with every membership:

- Over 100 pieces of strength equipment
- Over 75 pieces of cardio equipment
- Over 45 group classes per week
- Clean locker rooms and showers
- Kids Club for children 6 mos – 12 yrs of age



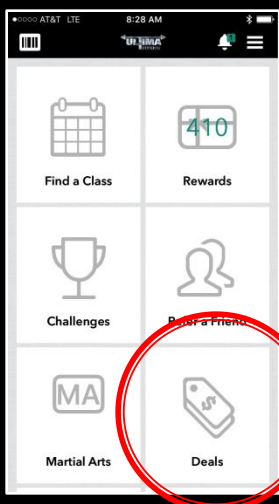
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Grow Your Business With Ultima



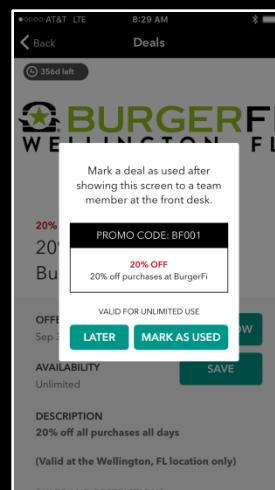
Ultima Fitness and Wellness has launched a new way for partner businesses to benefit from working with Ultima for their employee wellness. As a Corporate Membership Program partner, the business is entitled to place a "Deal" within the Ultima mobile app*. Ultima Members then can redeem a "deal", thereby driving business for you. It is included in the program at no cost and is a great opportunity to help your employees be healthy and grow your business at the same time.



The Ultima mobile app main menu.



This is what an Ultima Member sees when he/she clicks on your "deal".



This is what an Ultima Member sees when a "deal" is redeemed.

* Non-Corporate Program businesses have a small monthly fee for placing the "Deal" in the app. See Ultima Member Deals Participant Rules.

If your business is interested in participating in the "Deal" option of your Corporate Membership Program, please contact John Lambert in person or at the phone number below.

